



Martin County, Florida

County Health Status Summary

Indicator	Year(s)	Rate Type	County Quartile ^A 1=most favorable 4=least favorable	County Rate	State Rate	County Trend ^B <i>(click to view)</i>	Healthy People 2010 Goals ^C
Actual Causes of Death*							
Physical Activity							
Adults who meet moderate physical activity recommendations ¹	2007	Percent	1	45.0%	34.6%		
Adults who meet vigorous physical activity recommendations ¹	2007	Percent	1	30.5%	26.0%		
Adults who engage in no leisure-time physical activity ¹	2002	Percent	1	19.3%	26.4%		20%
Overweight and Obesity							
Adults who consume at least five servings of fruits and vegetables a day ¹	2007	Percent	3	25.4%	26.2%		
Adults who are overweight ¹	2007	Percent	2	37.4%	38.0%		
Adults who are obese ¹	2007	Percent	1	17.5%	24.1%		15%
Tobacco Use							
Adults who are current smokers ¹	2007	Percent	1	16.9%	19.3%		12%
Socio-Demographics							
Median income (in dollars) ²	2000	Null	1	\$43,083	\$38,819		
Residents below 100% poverty ²	2000	Percent	1	8.8%	12.5%		
Unemployment rate ³	2008	Percent	3	6.9%	6.2%	No Trend ↔	
Population that is linguistically isolated ²	2000	Percent	3	1.1%	1.9%		
Population over 25 without high school diploma or equivalency ²	2000	Percent	1	14.7%	20.1%		
Health Status and Access to Care							
Adults who rate their health status as "fair" or "poor" ¹	2007	Percent	2	15.8%	16.6%		
Adults with any type of health care insurance coverage ¹	2007	Percent	2	81.8%	81.4%		
Adults who could not see a dentist in the past year because of cost ¹	2007	Percent	1	15.9%	19.2%		
Adults who received a flu shot in the past year ¹	2007	Percent	1	41.7%	32.7%		
Total licensed family physicians ⁴	2006-08	Per 100,000	3	13.0	18.5		
Total licensed dentists ⁴	2006-08	Per 100,000	1	75.9	62.1		
Total hospital beds ⁵	2006-08	Per 100,000	2	295.4	315.5		



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Chronic Diseases							
Coronary Heart Disease							
Coronary heart disease age-adjusted death rate ⁷	2006-08	Per 100,000	1	84.9	116.2	Better ↓	162.0
Coronary heart disease age-adjusted hospitalization rate ⁸	2006-08	Per 100,000	1	441.0	487.6	Better ↓	
Stroke							
Stroke age-adjusted death rate ⁷	2006-08	Per 100,000	2	31.8	33.0	Better ↓	48.0
Stroke age-adjusted hospitalization rate ⁸	2006-08	Per 100,000	1	213.5	272.8	Better ↓	
Heart Failure							
Heart failure age-adjusted death rate ⁷	2006-08	Per 100,000	1	5.1	7.4	No Trend ↔	
Congestive heart failure age-adjusted hospitalization rate ⁸	2006-08	Per 100,000	1	121.7	227.2	Better ↓	
Adults with diagnosed hypertension ¹	2007	Percent	1	24.9%	28.2%		
Adults who have diagnosed high blood cholesterol ¹	2007	Percent	3	41.1%	37.1%		17%
Adults who had their cholesterol checked in the past five years ¹	2007	Percent	2	74.4%	73.3%		
Lung Cancer							
Lung cancer age-adjusted death rate ⁷	2006-08	Per 100,000	1	44.4	47.7	No Trend ↔	43.3
Lung cancer age-adjusted incidence rate ⁹	2004-06	Per 100,000	1	60.7	70.2	Better ↓	
Colorectal Cancer							
Colorectal cancer age-adjusted death rate ⁷	2006-08	Per 100,000	2	14.9	15.0	No Trend ↔	13.7
Colorectal cancer age-adjusted incidence rate ⁹	2004-06	Per 100,000	1	35.7	45.0	Better ↓	
Adults 50 years of age and older who received a sigmoidoscopy or colonoscopy in the past five years ¹	2007	Percent	1	60.0%	53.7%		
Adults 50 years of age and older who received a blood stool test in the past year ¹	2007	Percent	3	18.9%	21.2%		
Breast Cancer							
Breast cancer age-adjusted death rate ⁷	2006-08	Per 100,000	2	20.6	20.4	Better ↓	21.3
Breast cancer age-adj. incidence rate ⁹	2004-06	Per 100,000	3	107.9	108.3	Better ↓	
Women 40 years of age and older who received a mammogram in the past year ¹	2007	Percent	1	68.1%	64.9%		



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Chronic Diseases (continued)							
Prostate Cancer							
Prostate cancer age-adjusted death rate ⁷	2006-08	Per 100,000	2	18.4	18.9	Better ↓	28.2
Prostate cancer age-adjusted incidence rate ⁹	2004-06	Per 100,000	2	114.5	124.2	Better ↓	
Cervical Cancer							
Cervical cancer age-adjusted death rate ⁷	2006-08	Per 100,000	3	3.6	2.6	No Trend ↔	2.0
Cervical cancer age-adjusted incidence rate ⁹	2004-06	Per 100,000	4	11.9	9.1	No Trend ↔	
Women 18 years of age and older who received a Pap test in the past year ¹	2007	Percent	2	64.7%	64.8%		
Melanoma							
Melanoma age-adjusted death rate ⁷	2006-08	Per 100,000	4	5.1	2.8	No Trend ↔	2.3
Melanoma age-adjusted incidence rate ⁹	2004-06	Per 100,000	4	22.6	16.6	No Trend ↔	
Chronic Lower Respiratory Diseases							
Chronic lower respiratory diseases (CLRD) age-adjusted death rate ⁷	2006-08	Per 100,000	1	32.9	36.2	No Trend ↔	
CLRD age-adjusted hospitalization rate ⁸	2006-08	Per 100,000	1	207.7	321.4	Better ↓	62.3
Adults who currently have asthma ¹	2007	Percent	1	5.4%	6.2%		
Asthma age-adjusted hospitalization rate ⁸	2006-08	Per 100,000	1	472.6	708.3	Worse ↑	
Diabetes							
Diabetes age-adjusted death rate ⁷	2006-08	Per 100,000	1	12.1	20.6	No Trend ↔	46.0
Diabetes age-adjusted hospitalization rate ⁸	2006-08	Per 100,000	1	1140.8	2083.0	No Trend ↔	
Amputation due to diabetes age-adjusted hospitalization rate ⁸	2006-08	Per 100,000	1	11.9	23.8	Better ↓	18.0
Adults with diagnosed diabetes ¹	2007	Percent	1	8.2%	8.7%		



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Communicable & Infectious Diseases							
Vaccine preventable diseases ¹⁰	2006-08	Per 100,000	1	1.9	3.3	No Trend ↔	
HIV cases reported ¹⁰	2006-08	Per 100,000	2	14.2	32.2		
AIDS cases reported ¹⁰	2006-08	Per 100,000	2	13.5	23.7	No Trend ↔	
HIV/AIDS age-adjusted death rate ⁷	2006-08	Per 100,000	2	4.4	8.4	No Trend ↔	0.7
TB cases reported ¹⁰	2006-08	Per 100,000	4	7.4	5.3	No Trend ↔	1.0
Chlamydia cases reported ¹⁰	2006-08	Per 100,000	1	147.9	316.9	No Trend ↔	
Gonorrhea cases reported ¹⁰	2006-08	Per 100,000	1	31.6	126.0	No Trend ↔	19.0
Infectious syphilis cases reported ¹⁰	2006-08	Per 100,000	3	1.6	4.8	No Trend ↔	
Maternal, Infant & Young Child Health							
Early prenatal care (care began 1st trimester) ^{7, 13}	2006-08	Percent	4	60.3%	76.5%		83.7%
Low birth weight births (births < 2500 grams) ⁷	2006-08	Percent	1	7.4%	8.7%	No Trend ↔	
Premature births (births < 37 weeks gestation) ⁷	2006-08	Percent	2	13.2%	14.2%	Worse ↑	7.8%
Multiple births ⁷	2006-08	Percent	3	3.3%	3.2%	No Trend ↔	7.6%
Births to teens 15-19 ⁷	2006-08	Rate per 1,000	1	37.8	42.5	Better ↓	
Repeat births to mothers 15-19 ⁷	2006-08	Percent	1	20.3%	24.1%	No Trend ↔	
Infant death rate ⁷	2006-08	Per 1,000 live births	1	5.3	7.2	No Trend ↔	4.5
Neonatal death rate ⁷	2006-08	Per 1,000 live births	1	3.3	4.6	No Trend ↔	2.9
Postneonatal death rate ⁷	2006-08	Per 1,000 live births	1	2.0	2.6	No Trend ↔	1.2
Fetal death ratio ⁷	2006-08	Per 1,000 live births	3	7.8	7.5	No Trend ↔	4.5
Kindergarten children fully immunized ¹¹	2006-08	Percent	4	92.7%	92.7%	No Trend ↔	



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Unintentional Injuries							
Unintentional injuries age-adjusted death rate ⁷	2006-08	Per 100,000	2	53.0	44.8	Worse ↑	17.5
Motor vehicle crash age-adjusted death rate ⁷	2006-08	Per 100,000	2	19.2	17.3	No Trend ↔	9.2
Social and Physical Environment							
Criminal homicide ¹²	2006-08	Per 100,000	2	2.8	6.2	No Trend ↔	
Domestic violence offenses ¹²	2006-08	Per 100,000	2	504.0	613.5	No Trend ↔	
Adults who currently have asthma ¹	2007	Percent	1	5.4%	6.2%		
Suicide age-adjusted death rate ⁷	2006-08	Per 100,000	3	15.0	13.0	No Trend ↔	5.0

*Actual causes of death are the major external (nongenetic) factors that contribute to death in the US, first identified by McGinnis and Foege in 1993. These three sets of behaviors each contribute to over 100,000 deaths annually in addition to their impact on morbidity, quality of life, and public health burden.

Data Sources

- ¹Florida Department of Health, Bureau of Epidemiology, Florida BRFSS survey
- ²US Census Bureau
- ³US Department of Labor, Bureau of Labor Statistics
- ⁴Florida Department of Health, Division of Medical Quality Assurance
- ⁵Florida Agency for Health Care Administration, Certificate of Need Office
- ⁶Florida Department of Health, Office of Health Statistics and Assessment
- ⁷Florida Department of Health, Office of Vital Statistics
- ⁸Florida Agency for Health Care Administration (AHCA)
- ⁹University of Miami (FL) Medical School, Florida Cancer Data System
- ¹⁰Florida Department of Health, Division of Disease Control
- ¹¹Florida Department of Health, Bureau of Immunization
- ¹²Florida Department of Law Enforcement

All Age-Adjusted rates are 3-year rates per 100,000 and are calculated using the 2000 Standard US Population. These rates also use July 1 Florida population estimates from the Florida Legislature, Office of Economic and Demographic Research.

[View ICD Codes for death, cancer, and hospitalization indicators](#)

^ACounty Quartiles

Most favorable situation 1 (25% of counties)	Average 2 or 3 (50% of counties)	Least favorable situation 4 (25% of counties)
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Quartiles in this report allow you to compare health data from one county to another in the state. Quartiles are calculated by ordering an indicator from most favorable to least favorable by county and dividing the list into 4 equal-size groups. In this report, a low quartile number (1) always represents more favorable health situations while fours (4) represent less favorable situations.


^BCounty Trends


As with rates, there is also random variation in the trend lines of these rates, so that a line that slopes upward may not represent a statistically significant increase, particularly if it is based on small numbers. For that reason, we test statistically to determine whether or not we can be at least 95 percent confident that what appears to be an increase or decrease is real, not just the result of random fluctuation.


Trends only calculated for indicators with 12 or more years of data available.

[Click here for more information about trends](#)

Trend Values

 Trend is getting better and is statistically significant

 Trend is getting worse and is statistically significant

 Trend is not statistically significant

Blank cell - Not enough data to compute a trend

¹³No trend available for entry into prenatal care due to a change in the measurement of this indicator in 2004. This renders data prior to 2004 incomparable to data from 2004 and forward.

^cHealthy People 2010 Goals

Healthy People 2010 is a national health promotion and disease prevention initiative. Its goals are to increase the quality and years of healthy life and eliminate health disparities. More information available at: <http://www.healthypeople.gov>. Goals are not available for every indicator.